

Hospital Bag Check List

For Mom

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|-------------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Robe | <input type="checkbox"/> Snacks of choice |
| <input type="checkbox"/> Nursing nightgown | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Nursing bra | <input type="checkbox"/> Toothpaste |
| <input type="checkbox"/> Nursing top | <input type="checkbox"/> Face / body wipes |
| <input type="checkbox"/> Maternity leggings | <input type="checkbox"/> Makeup / Chapstick |
| <input type="checkbox"/> Sweatpants | <input type="checkbox"/> Headband / hair ties |
| <input type="checkbox"/> Grippy socks | <input type="checkbox"/> Bobby pins |
| <input type="checkbox"/> Charger with long cord | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Portable speaker | <input type="checkbox"/> Nipple cream |
| <input type="checkbox"/> Hydration of choice | <input type="checkbox"/> Perineal Spray |

For Baby

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|-----------------------------------------|------------------------------------------|
| <input type="checkbox"/> Newborn onesie | <input type="checkbox"/> Baby blanket |
| <input type="checkbox"/> 3 month onesie | <input type="checkbox"/> Hat or headband |
| <input type="checkbox"/> Swaddle | <input type="checkbox"/> Carseat |

For Partner

- | | |
|--------------------------------------------|------------------------------------|
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Face wash |
| <input type="checkbox"/> Change of clothes | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Blanket | <input type="checkbox"/> Hydration |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Camera |
| <input type="checkbox"/> Toothpaste | |